

# *Welcome to*

*America=s Premier Sports Camp  
For Boys and Girls age 5 to 17*

*Great Barrington MA*

**Please complete the forms at the back of this booklet and return them to camp as soon as possible.**

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P. O. Box 252  
Great Barrington MA 01230

Dear Parent - We hope you are as excited as we are for camp to begin. This booklet will help you and your campers make this the best summer ever. Please take a few moments to browse through with your camper. We want his/her time with us to be happy and memorable.

In an effort not to bombard you with a million forms, letters, lists and guidelines, we have devised this booklet which should answer most of your questions about your child's summer at Kutsher's Sports Academy. Please make sure all forms in the back of this booklet are returned to the camp office prior to your child's arrival.

<b>FORMS:</b>	<b><u>REQUIRED:</u></b>	Medical & Health History Form B 6 pages Uniform Order Form Canteen Account Form
	<b><u>OPTIONAL:</u></b>	Camp Bus Form Paintball Permission Form White Water Rafting Permission Form Olympics Waver (6 & 7 week campers) Camp Tuition Insurance Form Horseback Riding Permission Form

**ARRIVAL TIME:** For those driving to camp... Please plan to arrive at camp between 9:00 a.m. and Noon.

**VISITING DAY - SATURDAY - JULY 24 from 9:00 A.M. to 3:00 P.M.**

Please do not request earlier days or times as it disrupts the camper=s team activities.

**TUITION:** Payment can be made over the phone by check or with a MasterCard, Visa, Discover, AMEX or by e-check.

To hold your child=s bunk, full tuition must be received by: **May 1, 2010**

## PARENT'S CHECK LIST

### FORMS:

- \_\_\_\_\_ Medical form - Required
- \_\_\_\_\_ Canteen Form - Required
- \_\_\_\_\_ Uniform Order Form - Required
- \_\_\_\_\_ Camp Bus Form
- \_\_\_\_\_ Paintball Permission Form (Grades 7-12)
- \_\_\_\_\_ Horseback Riding Permission Form
- \_\_\_\_\_ White Water Rafting Permission Form
- \_\_\_\_\_ Olympics Waiver (6 & 7 week campers)
- \_\_\_\_\_ Tuition Insurance Info
- \_\_\_\_\_ BunkOne.com

### DON'T FORGET ☺

- \_\_\_\_\_ Airline tickets (if applicable)
- \_\_\_\_\_ Packing for Camp
- \_\_\_\_\_ Medications (if any)
- \_\_\_\_\_ Sports Equipment
- \_\_\_\_\_ Phone Cards
- \_\_\_\_\_ Stamps & Stationery
- \_\_\_\_\_ Flashlight & batteries
- \_\_\_\_\_ Small fan
- \_\_\_\_\_ Halloween Costume - 1<sup>st</sup> Session Only

**ARRIVAL TIME:** For those driving to camp... Please plan to arrive at camp between 9:00 a.m. and noon.

PLEASE REMEMBER TO PUT YOUR CHILD'S NAME & BUNK NUMBER ON ALL MAIL - POSTCARDS, LETTERS AND PACKAGES.

## DIRECTIONS TO CAMP

For GPS purposes, use this address: 117 Lake Buel Road, Great Barrington MA 01230

### **From New York City:**

Take the Taconic State Parkway to Route 23 East/Hillsdale-Claverack. Turn right at the stop sign onto Route 23 East. Stay on Route 23 East for a total of 17 miles. You will travel through the town of Hillsdale. At one point, Route 23 East intersects with Route 7; you will need to turn left onto Route 23 East/Route 7 North. Continue on Rte 23E/Rte 7N through the town of Great Barrington.

Follow signs to Ski Butternut and bear right onto Route 23 East/Monterey. Go approximately 2 miles then turn right onto Lake Buel Road (it's the first right after you pass the Butternut Ski area at the top of the hill. (The Turning Point B & B is on the corner). Go for about 1.2 miles and turn left on Deerwood Park Road into Kutsher's Sports Academy.

### **From the Boston Area:**

Take the Mass Pike (I-90) to Exit 2, Lee. Follow signs to Stockbridge/Great Barrington, Route 102 West. Take 102W into the town of Stockbridge. At the Red Lion Inn, turn left onto Route 7 South. In approximately 2 miles, turn left after the flashing yellow light (Monument Mountain Regional High School) onto Monument Valley Road. Continue to the end of the road. At the stop sign (the intersection with Route 23) continue straight onto Lake Buel Road. Travel 1.2 miles and turn left on Deerwood Park Road into Kutsher's Sports Academy.

### **From Route 8:**

Take Route 8 North into the town of Winsted. Continue on Route 8N into New Boston. Turn left onto Route 57 West (new Marlborough). Take care driving on this winding road and watch for speed signs. Route 57 intersects with Route 183. Stay on Route 57. Go approximately 13.5 miles. Turn left onto Hartsville Mill River Road (there's a white house on the corner). Continue up the hill and bear right at the yield sign. After 1.6 miles, turn right on Deerwood Park Road into Kutsher's Sports Academy.

## KSA DAILY SCHEDULE

7:45	Wake Up Call (8:15 on rainy days and Sundays)
8:15 - 9:15	Breakfast
9:15 - 9:45	Clean up and inspection
9:50 - 11:00	Elective #1
11:00 - 12:00	Elective #2
12:00 - 12:30	Morning free play & practice period
12:30 - 1:00	Return to bunks and clean up
1:00 - 2:00	Lunch
2:00 - 2:45	Rest period
2:45 - 3:45	Elective #3
3:45 - 4:45	Elective #4
4:45 - 5:30	Afternoon free play & practice period
6:00 - 7:00	Dinner
7:00 - 8:30	Leagues and evening programs
8:30 - Curfew	Canteen - free play (supervised) - TV room, etc.

<b>CURFEWS:</b>	Grades 2-6	9:45 p.m.	
	Grades 7-8	10:15 p.m.	
	Grades 9-10	10:45 p.m.	
	Grades 11-12	11:00 p.m.	C.I.T.=s

## FREQUENTLY ASKED QUESTIONS

What about Cell Phones, IPODS and Laptop Computers? Cell phones are not allowed at camp. There is no reception on campus. Cell phones will be confiscated and kept in the office safe until the end of camp. Due to the value of IPODS and laptops, we do not recommend bringing them to camp. Small, hand-held games are allowed but must be kept in the bunk at all times. However, if they are lost or stolen, we cannot be responsible.

May I bring food and snacks for my child? Unfortunately food attracts insects and critters. **Therefore NO FOOD will be allowed in the bunks.** Bottled water only is acceptable (No Gatorade or flavored drinks). Any food or beverage will be immediately disposed of while the child is present. It will neither be saved nor returned. Campers are provided with 3 nutritious & tasty meals each day. Snacks are available at the Canteen each night. **KSA is Apeanut free@.**

Will my child be able to choose from a variety of sports? How much time is devoted to sports training? We offer an elective program for campers. Each camper may choose up to four electives per day. Each elective runs approximately one hour. Campers may change electives at the end of each week. Campers receive a full orientation upon arrival, detailing their elective choices, and make these choices at camp. In addition to the four scheduled electives, campers have two free-choice periods per day. During this time, individual instruction by our coaching staff is available.

What is a CIT? CIT stands for Counselor in Training. Campers must be entering 11<sup>th</sup> or 12<sup>th</sup> grade in September of the camp year. CITs are taught basic counseling skills and how to provide campers with a positive camp environment. CITs receive a reduced tuition and assist the coaching staff in the sport of their choice in one elective period per day. They also help set up the dining room before meals as a group. CIT=s choose the remaining electives as regular campers. CITs go on more off-campus trips and generally enjoy more privileges in the hope they=ll return to work for us when they=re in college.

What is the ratio of boys to girls and are boys and girls allowed to socialize? We generally register 1-1/2 boys to every girl. Boys and girls, along with our staff and counselors, dine together at all meals and interact on the sport fields. We also have carnival days, disco nights, color wars, Olympic Games and many other functions that are co-ed. Every night, our Canteen offers campers a chance to socialize, enjoy a snack and purchase items in the camp store.

How often can my camper e-mail me? Every day if they=d like. Our computer room is open from 8 a.m. until 11 p.m. every day, excluding elective hours. All campers are encouraged to e-mail and write their family and friends during their two free play periods each day and also after leagues in the evening. You may send e-mails to campers via Bunk1.com on a daily basis.

Why do I have to order two navy, two white tees and two pairs of shorts with KSA logo?

Our campers often go off campus for bowling, movies, special trips and inter-camp competition. For security reasons, we require all campers to wear KSA uniforms. Campers wear KSA uniforms for bunk, group and individual photos.

How do you determine the session dates and visiting day for camp? We verify school opening and closing days with the New York, New Jersey, Florida school districts and international school calendars to set convenient dates for everyone. We also have to consider our staff, most of whom

are professional educators. Accordingly, we receive input from campers and parents as regards visiting days. The majority has requested one visiting day in the middle of the 6-week session.

### **HOMESICKNESS - SEPARATION ANXIETY**

Many first-year campers have never been away from home for an extended period of time. It is natural, therefore, that their reluctance about leaving friends and family could be carried to camp. With this in mind we offer these suggestions:

Homesickness is a natural result of the changes in a child's environment. Parents can take courage from the fact that many campers do not experience this, and those that do recover swiftly. All of us at camp, from the Director down, are prepared to help the youngster with the adjustment, expedited with the cooperation of the parent. These suggestions are designed to help you prepare your child for the enriching experience that camp provides.

**At Home** B If your youngster exhibits concern about going to camp, encourage him/her to talk to you about it. The child is worried about the unknown and is looking for understanding. It's helpful to tell your child that such concerns are normal and that many other campers feel the same way. If there are specific worries about bunkmates, clothes, or anything else, let the youngster call us. Often specific answers are not necessary after the child has had the opportunity to express himself/herself to a receptive ear.

Don't be ambivalent about the length of your child's stay at camp. **There should be no trial periods.** He/she is there for the full session and should understand this. **A try-out approach is a sure loser,** certain to create a serious homesickness problem at camp. Please be enthusiastic about the benefits of the camp experience and help your child feel the same way as you do. Understand that the adjustment period takes some time, and will occur as the camper focuses on camp and not on going home.

Please notify us of any upsetting event, which may have occurred prior to camp, or is to occur during the summer. This might include illness or death in the family, poor school grades, divorce, or moving to a new house or city. We are here to help,

**Good-byes** B **When seeing your child off at the bus or dropping him/her off at camp, make your parting as brief and pleasant as possible. Long good-byes and floods of tears are upsetting. This same concept applies during Visiting Day as well.**

**At Camp** B Your cooperation is needed to ensure a successful summer for your child. Most children are resilient and adapt successfully to new situations.

To prevent any negative effects on your children:

- Write frequently with good news.
- Please call Marc or Jodi (413-644-0077) if you have a special concern.
- Be assured we will contact you if your child is experiencing difficulties.
- Should you receive an upsetting e-mail, please telephone the camp and speak with us.  
Sometimes distance makes things seem worse than they are, and we can often bridge that gap with simple conversation.

Camp is an experience that cannot be duplicated in any other environment, offering the opportunity for your child to achieve the poise and confidence that comes with the mastery of skills and the sociability developed with his/her peers. At Kutsher=s Sports Academy, we have assembled the best staff possible. Countless hours throughout the past 40 years have gone into preparation and evaluation of our program. We feel you have chosen wisely in sending your child to our camp and we, with your help, are well prepared to serve the needs of today=s children.



## **NEW PICK UP & DROP OFF DATES AND LOCATION** **FOR CAMP BUS**

GROUND TRANSPORTATION TO CAMP: KSA staff will accompany campers on buses to and from Long Island and Livingston NJ.

There is a \$30 charge each way for bus transport for one and three-week campers. There is no charge for six or seven week campers.

**No luggage or sports equipment is allowed on camp buses to or from camp.**

**SESSION 1:** **June 27** - Bus departure time is 10:00 a.m. sharp  
Please be there **NO LATER THAN 9:30 a.m.**

**July 17** - Bus will depart at 9:30 a.m. and should arrive between noon and 1:00 p.m. depending on traffic.

**\*\*SESSION 2:** **July 17** - Bus departure time is 2:00 p.m. sharp  
Please be there **NO LATER THAN 1:30 p.m.**

**\*\*NOTE:** **Session 2 campers will be picked up a day early (July 17<sup>th</sup>) at the locations below at 2:00 p.m. Bus will drop off campers returning home and pick up campers coming to camp on the same day (July 17)**

**Aug 07** - Bus will depart at 9:30 a.m. and should arrive between noon and 1:00 p.m. depending on traffic.

**SESSION 3:** **Aug 08** - Bus departure time is 10:00 a.m. sharp  
Please be there **NO LATER THAN 9:30 a.m.**

**Aug 14** - Bus will depart at 9:30 a.m. and should arrive between noon and 1:00 p.m. depending on traffic.

**LONG ISLAND:** **Macy's at 1100 Northern Blvd, Manhasset NY 11030**  
**QUEENS:** **Pick up at Macy's parking lot by the public bus stop on Northern Blvd.**

**NEW JERSEY:** **Livingston Mall, 112 Eisenhower Parkway, Livingston, NJ**  
**Pick up will be in front of Sears by the bus stops**

To reserve a seat on camp vehicles, you must return the Transportation Form at least 10 days prior to arrival at camp. Any changes and/or cancellations must be given directly to Jodi Raffa at 413-644-0077. We will call you a few days prior to arrival and departure to confirm your child's travel to and from camp.

In order to schedule appropriately-sized vehicles for your child's safety and comfort during travel to and from camp, please do not attempt to send luggage or sports equipment with your child on camp vehicles. It will not be allowed on the bus. We appreciate your cooperation.

ALL LUGGAGE AND SPORTS EQUIPMENT MUST BE SHIPPED TO AND FROM CAMP VIA FEDEX OR UPS AND WILL NOT BE ACCEPTED ON CAMP VEHICLES. Please arrange for shipment of these items well in advance of your child's arrival at camp.

Please DO NOT SEND HARD TRUNKS, as we have no place to store them, therefore; we ask that you pack in soft duffel bags or other collapsible luggage.

If you plan to lock your child's duffel with a combination or key lock, please send the combination or a spare set of keys (labeled with your child's name) to the camp office - just in case.

All shipments of incoming luggage to KSA will be placed in a secured area for your child's arrival. For security reasons, we do not unpack your child's luggage. Counselors will assist your child in unpacking.

All luggage and sports equipment will be sent home via FedEx or UPS. Your camper's luggage and equipment will be picked up from camp on the next business day following your child's last day at camp.

### **AIRLINE TRAVEL B FLORIDA CAMPERS**

**Please contact Jodi prior to booking your child's flight.** We'll need a copy of your child's e-ticket, so please fax to (413) 644-0078 or you can e-mail to [jodi@kutsherssportsacademy.com](mailto:jodi@kutsherssportsacademy.com).

All luggage and sports equipment must be shipped to and from camp via FedEx or UPS. No exceptions please. Camp staff will not accept luggage on camp vehicles.

You must arrange your child's airfare with Southwest Airlines for the below-listed flights ONLY so that your child can travel with other Florida campers and staff members.

We have arranged for ground transportation via private coach to and from camp and Albany Airport.

You can contact Southwest at 800-435-9792 or [www.southwestairlines.com](http://www.southwestairlines.com).

Campers going to camp should meet our staff in front of the Southwest ticket counter at Ft Lauderdale International Airport at least one hour prior to departure. Our staff members will be wearing a Kutsher=s Sports Academy shirt and holding a sign saying AKutsher=s Sports Academy@.

**Southwest Flight # 201 - Leaves Ft Lauderdale (FLL) @ 11:55 a.m. \*\*  
Arrives Albany NY (ALB) @ 3:05 p.m.**

**Southwest Flight # 1961 - Leaves Albany NY (ALB) @ 1:15 p.m. \*\*  
Arrives Ft Lauderdale (FLL) @ 4:25 p.m.**

IMPORTANT \*\* Flight #s and/or departure arrival times may change. Please contact Southwest one week prior to travel to re-confirm flight.

**Please remember - All luggage & sports equipment must be shipped via UPS or FEDEX.**

#### **AIRLINE TRAVEL B ALL OTHER CAMPERS**

**Please DO NOT make reservations or book your camper=s flight without contacting Jodi first so that she may coordinate a driver to meet your child=s flight.**

Please call Jodi Raffa at 413-644-0077 prior to making airline reservations, or e-mail to [jodi@kutsherssportsacademy.com](mailto:jodi@kutsherssportsacademy.com). Please fax your child=s E-Tickets to (413) 644-0078.

In order for us to arrange ground transportation for your child to and from camp, please schedule flights to and from any of the following airports:

Albany International (ALB) in Albany NY  
Boston Logan Airport (BOS) in Boston MA

This will keep your child's ground travel time to a minimum.

For you and your camper's convenience all luggage should be shipped to and from camp via UPS and FEDEX. This does not apply to international campers.

### **BRINGING FOOD TO CAMP**

**Absolutely no food will be allowed in the bunks.** Unflavored bottled water is acceptable. All packages will be opened by the camper in front of our office staff. Any food will be immediately disposed of while the child is present. It will neither be saved nor returned. Please do not add to this problem. Tell other family members of our policy.

Should you wish to send a care package, we work with several companies who offer pre-made packages which do not contain food. Their catalogues are enclosed.

### **CAMP FOOD**

We offer three tasty and nutritious meals to campers every day. Please advise the front office if your child observes strict Kosher so we may plan his/her meals accordingly.

In an effort to provide healthy and nutritional snacks, your camper will be allowed to choose from a variety of items each evening in our Canteen. Since these items can be purchased only with canteen books, campers are not allowed to use money in the canteen for food items. Campers may purchase one canteen book (\$10) every 3 days.

We use canteen books with tickets to supply the camper=s needs. We cannot replace lost or stolen canteen books. Unused canteen books cannot be refunded. Canteen books will be handed out and charged to your camper=s Canteen Account at the cashier=s window.

### **LOST & FOUND**

Our Camp Mom should be contacted in the event an item is lost or found. Please do not allow your camper to bring valuables such as cell phones, IPODS, Laptops, etc. We cannot be responsible for lost or stolen items.

### **SPENDING MONEY**

Please do not give your child excessive amounts of money. No bills larger than \$5. Single bills are preferable and can be used in the vending machines on campus. We cannot be responsible for lost or stolen money. Cash for your camper may be held in the office safe, along with passports, airline tickets, and other valuable documents.

### **LAUNDRY**

Since we can use only a certain type of laundry bag in our commercial washers, two laundry bags will be provided to each camper. A \$10 fee will automatically be deducted from your camper's canteen account. If your camper has KSA laundry bags from previous seasons, these are acceptable as long as the zippers are functional and the bags are intact.

Laundry is done once a week and returned the next day. A conservative estimate should be to figure enough clothes for ten days.

## WHAT TO PACK FOR CAMP - 3 WEEKS OR MORE

It is important that each and every item be marked with camper=s name (not initials) using a permanent marker.

**RETURNING BY POPULAR DEMAND. . .Halloween at KSA - Session 1 only**  
**Please see the enclosed flyer.**

Each camper will have their own personal cubby or drawers and there is limited space for storage under bunks. Your camper will need one duffel bag **with lock** to be stored under camper=s bunk - Trunks will be kept at the foot of the bunk and should be no larger than 36" x 22" x 15-2". Larger trunks may have to be removed from bunks for storing.

Bunk photos and off-camp activities require that each camper have two (2) white tee shirts and two (2) navy tee shirts as well as two (2) pairs of shorts, **all with KSA logo**, which can be purchased from the Camp Store in the Canteen.

Both jeans and shorts are required since the weather changes rather quickly here in the mountains. We provide pillows, sheets and pillowcases. We suggest you pack the following items:

3 pairs pajamas/sleepwear	2-3 pairs of sneakers	1 poncho (raincoat)
12 pairs underpants	14 pairs white athletic socks	10 tee shirts *
2 sweatshirts *	2 pairs sweatpants *	6 pairs of shorts *
3 pairs jeans	2 bathing suits	7 towels
1 warm jacket	1 belt (if child uses one)	4 wash cloths
2 blankets or 1 blanket & lightweight sleeping bag **		Telephone calling cards

One dress-up outfit for Banquet Night    Boys wear a button-down shirt and jeans/chinos.  
Girls wear sundresses and sandals.

For Session 1 only - Halloween costume for theme night

Personal hygiene items such as deodorant, soap, toothbrush/paste, mouthwash.

\* Additional items with KSA logo may be purchased at Camp Store in the Canteen.

\*\*Most campers prefer a sleeping bag rather than blankets.

**SUGGESTED ARTICLES TO PACK:** Books, board games, postcards, telephone calling cards, stationery and stamps, flashlight and batteries. Campers may use a small electric or battery-operated fan that attaches to their bunk rails.

## WHAT TO PACK FOR CAMP - CAMPERS STAYING JUST ONE WEEK

It is important that each and every item be marked with camper's name (not initials) using a permanent marker.

Please do not bring valuables to camp. **No cell phones, no IPODS or Laptops**, please. Cell phones will be confiscated and held in the camp safe until camp is over. We cannot be responsible for lost or stolen items.

Each camper will have their own personal cubby or drawers and there is limited space for storage under bunks. Your camper will need one duffel bag **with lock** to be stored under camper's bunk - Trunks will be kept at the foot of the bunk and should be no larger than 36" x 22" x 15- $\frac{1}{2}$ ". Larger trunks may have to be removed from bunks for storing.

Bunk photos and off-camp activities require that each camper have one (1) white tee shirt and one (1) navy tee shirt as well as one (1) pair of shorts, **all with KSA logo**, which can be purchased from the Camp Store in the Canteen. Golfers will need 3 collared shirts.

Both jeans and shorts are required since the weather changes rather quickly here in the mountains.

We provide pillows, sheets and pillowcases. We suggest you pack the following items:

2 pairs pajamas/sleepwear	2 pairs of sneakers	1 poncho (raincoat)
8 pairs underpants	8 pairs white athletic socks	8 tee shirts *
1 sweatshirts *	1 pair sweatpants *	3 pairs of shorts *
1 pair jeans	1 bathing suit	3 towels
1 warm jacket	1 belt (if child uses one)	2 wash cloths
2 blankets or 1 lightweight sleeping bag **		

Personal hygiene items such as deodorant, soap, toothbrush/paste, mouthwash.

\*Additional items with KSA logo may be purchased at Camp Store in the Canteen.

\*\*Most campers prefer a sleeping bag rather than blankets.

**SUGGESTED ARTICLES TO PACK:** Books, games, postcards, telephone calling cards, stationery and stamps, flashlight and batteries. Campers may use a small electric or battery-operated fan that attaches to their bunk rails.

## **MEDICATIONS & PRESCRIPTIONS**

For the protection of your child and other campers and staff, any and all medications (prescription and over-the-counter) must be kept in the Health Center and administered by our medical staff.

Please bring all medications directly to the Health Center upon arrival. If you are not driving your child to camp, please mail his/her prescriptions to the Health Center ahead of his/her arrival.

If your child is coming to camp via our camp bus, please give the medications to one of our staff members as you put your child on the bus.

Please do NOT let your child hand-carry any medications to camp... children often forget.

Absolutely no medications of any kind (prescription or over-the-counter) will be allowed in the bunks. Any and all medications must be administered by our healthcare professionals.

Please remember to pick up any remaining medications when leaving camp.

For campers departing KSA by bus, remaining medications will be given to the counselor as they board the bus. Please ask the counselor for the medication upon his/her arrival.

## **MEDICAL INFORMATION AND CONSENT FORMS**

**For the safety of your child and others, campers will not be permitted on campus without this completed form.**

**In an effort to prevent the spread of the H1N1 virus, our nurses will check everyone (campers, staff and visitors) for fever or flu symptoms prior to entering camp. We appreciate your understanding and cooperation.**

The Medical Form (6-page fold-out) must be turned in to the office prior to your child's arrival. Make sure all items are answered and that the forms are signed where indicated. A parent/guardian and physician's signature is required. If your doctor wishes to use his/her own examination form, that's acceptable.

The regional hospital and physicians advise us that they will not treat a patient without this signed form in their possession. We, of course, will advise you immediately should any hospital treatment be necessary.

**MEDICAL FORM MUST BE PROVIDED TO KUTSHER=S SPORTS ACADEMY PRIOR TO YOUR CHILD=S ARRIVAL SO THAT OUR MEDICAL STAFF MAY REVIEW IT AND NOTE ANY SPECIAL CONCERNS.**

### **PHONE POLICY**

With the advent of e-mails, you and your camper can now communicate daily.

However, if you wish to speak with your child, please call one day ahead of time to set up a convenient phone appointment on an as-needed basis. Our front office staff will coordinate a telephone call with your child.

The telephones may be used during free times only. Please do not request to speak with your child immediately as no calls are permitted during activity periods or meals. Campers, when they request and receive phone passes from their head counselors, should come to the office where they will check in with a secretary and can use the pay phones.

Please remember that there are no phone calls permitted during the first week of each session to allow your camper to fall into the camp routine. After that first week, campers will be allowed to make one call per week.

The first few days the phones are open please keep your calls brief as to allow other campers the opportunity to call home.

We do ask that campers call home collect and NOT use a credit card number. This is to protect you from any unauthorized use of the card. You can also give your camper a prepaid phone card.

Phone hours:	Daytime: 8:15 - 8:45 am	Evening:	7:30 to Curfew
	11:00 a.m. to Noon	Curfews:	Grades 2-6 8:45 p.m.
	3:45 to 5:00 pm		Grades 7-8 9:15 p.m.
			Grades 9-10 9:45 p.m.
			Grades 11-12 10:00 p.m.

### **MAIL**

Campers love to receive mail. Please write to your child regularly and frequently.

**PLEASE REMEMBER TO PUT YOUR CHILD=S NAME & BUNK NUMBER ON ALL MAIL.** This will ensure your child receives his/her mail quickly.

US Mail:	Camper Name & Bunk	FEDEX/UPS:	Camper Name & Bunk
	Kutsher=s Sports Academy		Kutsher=s Sports Academy
	P O Box 252		25 Deerwood Park Road
	Great Barrington MA 01230		Great Barrington MA 01230

**Bunk numbers will be given out on first day of camp only. Please do not call ahead for bunk assignment. They are not available until the first day of camp.**

## E-MAIL TO CAMPERS

E-mails are a great and fast way to contact your camper. Kutsher=s Sports Academy now has an e-mailing system, in addition to US postal mailing service, so you can write to your campers daily. To prevent unauthorized parties from contacting your children, you must register with us to e-mail your child. You may give your password to other family members.

Our counselors will personally hand out the e-mails at meal times. This guarantees privacy just like written mail. In addition to the wonderful e-mailing system, there will also be digital photographs and videos of campers enjoying various activities and special events.

If you are interested in this convenient service, go to our web site and register NOW:

1. Go to [www.kutsherssportsacademy.com](http://www.kutsherssportsacademy.com)
2. Scroll down to the bottom of the home page, click on the icon, which says "Click here for Camp Photos and Camper E-Mail"
3. On the left-hand side of the page, you will see instructions for "FIRST TIME USERS". Click on where "register now" is underlined
4. Enter your Pre-Approved Registration Code **6589KU1**
5. Fill in the rest of the page and click on "continue".
6. Fill in all required information on this page. You do not have to fill in the blanks where it says "Optional"
7. Purchase Bunk Note credits (you will need a credit card).
8. This page is a policy page of BUNK1.COM. Read it and then click on "Agree@ Problems? Call Bunk1.com - 800-216-9472 or go to [www.bunk1.com/contact.asp](http://www.bunk1.com/contact.asp)

At this time, you are done with your part of the registration process. It is now up to us to confirm your registration status. You will receive a confirmation e-mail from BUNK1.COM, which says you now have all access to all BUNK1.COM features. These steps take no longer than one hour at most. You will have your confirmation within 24 hours.

It=s a good idea to write down the user name and password that you have selected. Next time, just follow the first two steps and enter your user name and password. You=ll be on your way to see your camper daily, even when they=re at camp!

## CANTEEN ACCOUNT

### CHARGES NOT COVERED BY TUITION

**Recommended Amounts: \$50 to \$75 per week of camp. Add extra \$\$ for golf and/or mid-session trip**

Charges (see below) not covered by tuition will be paid from this account. Similar to checking into a fine hotel or resort, we'll require a major credit card in order to open your child's Canteen Account.

Canteen Books	\$10	Every 3 days	
Bowling	\$15	Each Time	Once every two weeks
Bus to Camp	\$30	Each Way	No charge for 6 and 7 week campers
Golf	\$8 - \$10	Monday-Friday	Fees vary for outside courses & tournaments. No charge for instruction at KSA
Horseback Riding	\$30	Each time	2 times per week if activity is chosen
Paintball	\$20-\$30	Each Time	Every 2 weeks (\$25 base charge for 200 balls, \$5 each 100 balls thereafter)
Six Flags New England	\$35 + \$10 spending	Once	2 <sup>nd</sup> Session Only - All grades
Mall & Movie	Movie - \$10 Spending - \$20	Each Time	Usually 2 times during the summer - depends on schedule changes
White Water Rafting	\$30	Once	Once during 1st and 2 <sup>nd</sup> Session
Movies	\$10	Each Time	Usually 2 times during the summer - depends on schedule changes
Concerts	\$35	Each Time	Depends on event availability
Mid-Session Trip	\$350 + \$50 spending	Jul 17-18	6 or 7-week campers only - Lake George, Lake Placid, Six Flags

**NONE OF THE ABOVE ACTIVITIES ARE MANDATORY**

### TIPPING

Due to numerous requests regarding tipping, we suggest a guideline of \$8 to \$10 per week per counselor. Tipping envelopes are provided at the front counter in the lobby. We recommend that you bring sufficient small bills for tips as we have a limited amount of petty cash on hand for making change. Many of our staff are international; therefore, cashing a check is difficult for them.

**Tipping is at each parent's discretion and is not mandatory**

**MID-SESSION TRIPS FOR 6-WEEK & 7-WEEK CAMPERS (July 17 & 18)**

**The mid-session trip is for 6-week & 7-week campers only.**

**Cut-off Date: July 10<sup>th</sup>**

We offer a mid-session, off-campus trip for 6 or 7-week campers in all grades during changeover from Session 1 to Session 2. This is an overnight trip. Campers travel on luxury private coaches that are video and restroom equipped. Quality hotel accommodations are provided.

Cost for this trip is \$350 plus \$50 spending money. Please refer to the Canteen Account Form at the back of this booklet. This year's itinerary is indicated below.

**National Baseball Hall of Fame in Cooperstown  
Lake Placid Winter Olympic Venue (special permission form will be required)  
Dinner on the Steamboat on Lake George  
Overnight in Saratoga Springs  
A day at Six Flags, Lake George.**

These trips fill up quickly and seats are limited on the private coaches. We strongly urge you to sign up early to make sure your camper won't be left out. Since hotel/restaurant/stadium and park reservations must be made well in advance, no exceptions to the cut-off date will be allowed. We appreciate your cooperation and understanding.

For those campers who elect not to go on the mid-session trip, a daily schedule of activities takes place on these days.

**SPORTS EQUIPMENT**

We have a limited supply of sports equipment such as baseball mitts, lacrosse sticks, helmets, gloves (goggles for girls), golf clubs, tennis racquets, etc. We recommend that campers bring their own sports equipment for sports they know they will be scheduling. Please be sure to mark each item with your camper's name using a permanent marker.

**HORSEBACK RIDING**

Campers are taken to a local stable where both riding instruction and trail riding are available. Protective gear is required and provided. Fees are not included in tuition.

**PAINTBALL**

**Camper must be in grade 7 or higher to participate.**

Paintball is offered on campus once or twice during each session. Protective gear is required and provided. Please complete the "Paintball Permission" form if your camper wants to participate in this activity. Fees for Paintball are not included in tuition.

### **MOVIE and MEAL at BERKSHIRE MALL**

Staff members supervise several small groups of 6 campers while at the mall. Meals are provided at the Food Court by the camp. Campers will receive \$20 spending money, which is deducted from their canteen account. Please do not request your child be given any additional amounts.

We have implemented a policy which limits the amount of spending money for campers going to the Berkshire Mall, mid-session trip and other off-campus activities. Your child will be at the mall shopping area for approximately 45 minutes; therefore, a large amount of spending money is not necessary.

In fairness to all campers, please adhere to the spending money guidelines as outlined above and do not request additional amounts be given to your child. We appreciate your cooperation on this matter.

### **SIX FLAGS WATER THEME PARK, Agawam MA**

Located less than an hour away, campers and staff enjoy a day of fun in the sun. Departing right after breakfast, campers are bused to the park. Lunch is provided and campers are returned to camp for dinner. Fees are not included in tuition. Campers receive \$10 spending money from their canteen account.

### **BOWLING**

Our campers may go bowling once every two weeks on non-league nights. Fees are not included in tuition.

### **GOLF**

Daily instruction is provided on campus and is included in tuition. Our golfers have the opportunity to play daily at Egremont Country Club for minimal green fees. Also, they will occasionally play at other courses. **Please note that golfers are required to wear collared shirts off campus.**

### **WHITE WATER RAFTING**

Campers enjoy a fun-filled day floating down the peaceful and scenic Housatonic River as a group. A picnic lunch will be served. Campers will be required to wear appropriate safety equipment for this activity.



## CAMP RULES

Our camp is comprised of a large and diverse group of boys and girls. It is therefore necessary that certain rules be set and enforced for the benefit, health and safety of our campers and to assure that we continue to provide a wholesome and safe experience for every camper.

The rules below must be read by you and discussed with your camper. The penalty for violation of the first three rules is immediate expulsion from camp without a refund of any part of the tuition.

\*No camper is allowed to leave camp grounds unless it is part of the scheduled program.

\*No drugs, alcohol, tobacco or weapons are to be used or found in possession of any camper, counselor or staff member.

\*No boys are permitted in the girl=s bunks - No girls are permitted in the boy=s bunks.

\*No offensive, abusive or violent actions or language allowed.

\*NO cell phones, IPODS, laptop computers or other valuables please. We cannot be responsible for lost or stolen items. There is no cell service on campus.

\*No food in the bunks - Unflavored bottled water is acceptable. Food items WILL BE confiscated.

We are anticipating a great camp season and we look forward to sharing it with you. We thank you in advance for your help and cooperation.